

Adult Day Programs

Adult Day Programs offer social, recreational and therapeutic opportunities for frail elderly as well as individuals experiencing memory loss. They are designed for seniors who need regular assistance and who are lonely and benefit from socializing with others. Participants currently live at home.

Adult Day Programs are funded by the Ministry of Health. Participants are required to pay a co-payment for each day they attend. The daily rate differs between programs. Services provided and program rates for Adult Day Programs are subject to change. Additional services such as hairdressing and caregiver support are subject to an additional fee. Appointments for tours of the facilities may be made in advance with program staff.

The goal is to maintain the patient's optimum level of intellectual, physical and social capability as well as provide respite and support to the family and the caregiver. Activities are to be therapeutic, needs related, and offered in a non-threatening, enjoyable environment. All Adult Day Programs have friendly, caring and professionally trained staff who have recreational backgrounds. They work closely with participants and their families to ensure the goals of the program are met. Nutritious meals and snacks are also provided.



How Do I Access an Adult Day Program?

Call Ontario Health atHome to ask about Adult Day Programs. To apply, we will need consent from you or your Substitute Decision Maker.

- A care coordinator will assess your care needs to determine eligibility for an Adult Day Program.
- If you are eligible, your assessment will be sent to the Adult Day Program(s) of your choice for their review.
- When a suitable spot becomes available, the program will contact you to discuss your attendance.
- We recommend that you visit the day program prior to attending so you can speak to the staff and see some of the activities available.

Location	Hours	Cost	Transportation	Services	Contact
Wendat 44 Dufferin St. Penetanguishene	Mon-Fri 10 am-4 pm	\$5 lunch	<ul style="list-style-type: none"> • Red Cross • Community Link 	<ul style="list-style-type: none"> • Exercise • Gardening • Games, arts, crafts, music • Education • Mental exercises 	Program Supervisor 705-355-1022 Ext. 226 www.wendatprograms.com
County of Simcoe 101 Thompsons Rd. Penetanguishene	Mon-Fri 9 am-3 pm	\$25	<ul style="list-style-type: none"> • Red Cross • Simcoe County LINX • Community Reach 	<ul style="list-style-type: none"> • Gardening • Arts, crafts, baking • Physical & mental exercises 	Program Manager 705-549-3166 ext. 5131 www.simcoe.ca
County of Simcoe 17 Allenwood Rd. Elmvale	Mon-Thurs 9 am-3 pm				
VON Barrie	Mon-Fri 9 am-3 pm	\$25	<ul style="list-style-type: none"> • Red Cross • BACTS (<i>Barrie Accessible Community Transportation Service</i>) 	<ul style="list-style-type: none"> • Gardening • Arts, crafts, music, baking • Exercise • Woodworking (Barrie & Orillia) 	Program Supervisor 705-720-2532 www.von.ca
VON Bracebridge			<ul style="list-style-type: none"> • Red Cross 		Program Supervisor 705-637-0655 www.von.ca
VON Collingwood			<ul style="list-style-type: none"> • Red Cross • Landmark Bus Lines 		Program Coordinator 705-444-2457 www.von.ca
VON Orillia			<ul style="list-style-type: none"> • Happy at Home • Helping Hands 		Program Supervisor 705-326-7505 www.von.ca
Senior Encounter Program Barrie	Mon. 9 am-12 pm 1 pm- 4 pm T · TH 9 am-12 pm	\$10	<ul style="list-style-type: none"> • Red Cross • BACTS (<i>Barrie Accessible Community Transportation Service</i>) 	<ul style="list-style-type: none"> • Physical & mental exercises • Active games • Board games 	Grove Park Home Director of Community Support Services 705-792-7396
The Friends Huntsville	M · T · TH 9 am-3 pm	\$15	<ul style="list-style-type: none"> • Family to arrange, with exceptions 	<ul style="list-style-type: none"> • Recreational activities • Exercise • Games, music, education • Gardening • Crafts • Pet Therapy 	Program Coordinator 1-855-687-5100 Ext. 221 www.thefriends.on.ca
The Friends Gravenhurst (Bracebridge residents may attend – see transportation)	Mon- Fri 9 am-3 pm				
The Friends Utterson	Wed 9 am-3 pm				