Ontario Health atHome

Swallowing Questionnaire

The Retirement Home is responsible for completing this questionnaire for clients requiring speech language pathology due to swallowing issues.

Retirement Home ______________________________

Name of Client ______________________________ **Room #** ____________

1. Previous swallowing examination(s)? ☐ Yes ☐ No

Date(s) ______________________________

Where ______________________________

Attached ______________________________

2. Health History:

A	**Illness/conditions (allergies, hiatus hernia, CVA, other neurological, respiratory problems, tracheotomy, diabetes, weight loss, etc.) Please note recent changes**
	Medications/recent medication changes
B	**Previous history of pneumonia/aspiration?** ☐ Yes ☐ No ☐ Unknown **If so, how many times in last year?** ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ More

The client is: ☐ dehydrated ☐ malnourished ☐ experiencing weight loss

3. Diet:

A	**Current Diet / Intake** Liquids ______________________________ Solids ______________________________ Feeding Methods ☐ Independent ☐ Assisted ☐ Total Feed
	Medications/recent medication changes

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B	Any diet restrictions (e.g., food allergies, etc.)

4. Description of Symptoms:

- ☐ Increased fatigue at mealtimes
- ☐ Breathing difficulty at mealtimes
- ☐ Increase secretions
- ☐ Food/liquid falls out of mouth
- ☐ Change in voice quality e.g., gurgled / breathy, etc. after eating or swallowing
- ☐ Gagging
- ☐ Refusal to eat
- ☐ Food is left in mouth
- ☐ Throat clearing:
  - ☐ At mealtimes
  - ☐ At times other than mealtimes
- ☐ Coughing:
  - ☐ At mealtimes
  - ☐ At times other than mealtimes
- ☐ Choking
- ☐ Spitting out of food
- ☐ Reflux
- ☐ Nasal regurgitation
- ☐ Temperature spikes

Has the severity of symptoms increased or decreased over time?
☐ Increased ☐ Decreased ☐ No Change

Decline in swallowing ability: ☐ Rapid ☐ Gradual ☐ Stays the same

Contact Person ______________________ Date ______________

Attach to Ontario Health atHome Service Referral
For new referrals fax to 519 883 5550 or Toll free 866 610 776