

# Behavioural Specialized Units

## Patient Information Sheet

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Behavioural Specialized Units (BSU) are designed for individuals expressing responsive behaviours generally associated with dementia. BSUs offer residents enhanced levels of care that is patient-centred and founded in evidence-based practice. They are designed to provide transitional, specialized support for seniors whose challenging behaviours have become unmanageable in their current setting.

The BSU beds are transitional in nature, allowing residents to receive stabilization and then be moved back to the community or long-term care. The anticipated length of stay is 120 days. It is not a fixed period and will depend on the resident and the ability to safely transition the resident to other care.

### Goals of the BSU

The goals of BSUs include but are not limited to:

- Providing effective and smooth transitions, and stabilize residents living with complex behaviours
- Enhancing the quality of life for residents and their care partners
- Preventing unnecessary and avoidable emergency room visits and potential hospitalizations of current long-term care home residents

### Who is eligible for admission to a BSU?

BSUs are equipped to admit people who meet specific criteria and experience behaviours that cannot be cared for in regular long-term care accommodations. Your Care Coordinator will work with you and your family/caregiver to determine eligibility and will guide you through the application process.

For more information about Behavioural Specialized Units in the Central East area, please speak to your Care Coordinator by calling 1-800-263-3877.

### Contact Information

If you have any questions regarding this service, please contact: **310-2222** • [ontariohealthathome.ca](https://ontariohealthathome.ca)