# **IMPORTANT UPDATE: DISCHARGE & TRANSITIONS SUPPORT**

# **Transitioning Patients to Community Care: Community Nursing Clinics**

Home and Community Care Support Services (HCCSS) applies a "Clinic First" approach to optimize patient experience and system capacity for all HCCSS-eligible patients.

DISCHARGING PATIENTS: When informing patients about home and community care services, it is important to advise that all mobile, HCCSS-eligible patients will receive nursing care in our community nursing clinics.

We operate over **135 community nursing clinics** across Ontario. Our "Clinic First" approach is critical to enabling the most effective use of health human resources and helping patients receive the right care in the right place.

Only patients who are unable to attend a clinic – e.g., homebound or palliative – will receive in-home nursing services or other rehab/restorative/personal care services.

Please use these 10 facts when informing patients about our nursing clinic services:

#### Why Community Nursing Clinics:

- 1. Efficiency Our clinics optimize valuable health human resources, and increase efficiency for patient flow, medical supplies and system resources.
- 2. Capacity Our clinics help patients transition safely from hospital to community care, freeing up acute care beds.
- Right Place Our clinics provide high-quality nursing services and help patients avoid unnecessary ED visits or hospital admissions.
- 4. Integrated With consent, our clinic nurses and care coordinators provide updates to the patient's primary care provider.
- 5. Safety Our clinics adhere to strict infection prevention and controls.

#### **Patient Benefits:**

- 6. Timely Same day appointments available, when urgently needed.
- 7. Expertise Patients receive specialized nursing services, including wound care, intravenous therapy, urinary catheter care and other nursing treatments, see reverse for more details.
- 8. Accessible With over 135 clinics in highly accessible locations, often close to public transit and accessible parking, patients choose the location closest to their home or workplace.
- Convenient Patients participate in scheduling decisions including some locations offering evening, weekend and virtual appointments.
- **10.** Improved Health Clinic nurses help speed up patient recovery process with hands-on expert care, education and self-management coaching so patients play a proactive role in their road to recovery.



#### **Referrals:**

- All patients who meet our nursing services eligibility criteria receive care in a community nursing clinic.
- Only when a patient is deemed homebound, or if there is not a nursing clinic where a patient lives or works, alternate care settings can be arranged.
- Patients receiving care at home will be transitioned to a clinic setting when assessed appropriate.
- Please speak with our onsite Hospital Care Coordinators and submit our medical referral form.
- Our Care Coordinators are regulated health care professionals who assess and develop care plans.
- If a patient requires transportation support to attend a clinic, our team can advise on available options.

## **Nursing Services at our Clinics Include:**

Sample services roster – includes care, education, coaching:

(\*) may not be available in all clinics

- Eligible injections
- Drain management (chest tubes, nephrostomy, percutaneous, Jackson Pratt)
- 5FU and chemotherapy disconnects (\*)
- Intravenous therapy (pump, elastomeric device, gravity) Wound care negative pressure wound therapy;
- Diabetes management
- Urinary catheter management (\*)

- Peripheral and central venous line access, care, flushes, troubleshooting, maintenance
- Pathways designed to be supported in clinic setting
- Stable ostomy care (\*)
- debridement care plans; other simple to complex wound treatments

For any services not listed above, please reach out to your local HCCSS for more information.

### Home and Community Care Support Services Toronto Central **Community Nursing Clinics Locations**

#### **Humber Nursing Clinic**

Humber River Hospital (Church Site) 200 Church St., Ground Floor Toronto, ON M9N 1N8 Phone: 416-255-2098

**North Nursing Clinic** Pine Villa 1035 Eglinton Ave. W., Room 102 Toronto, ON M6C 2C8

# Phone: 416-489-2500 ext. 1400 Women's College Nursing Clinic

Women's College Hospital 76 Grenville St., Ground Floor Toronto, ON M5S 1B2 Phone: 416-498-8600

Sherbourne-Wellesley Community **Care Clinic** Wellesley-St.James Town Health Centre Etobicoke, ON M8V 1C5 155B Wellesley St. E., Toronto, ON M4Y 1J4 Phone: 905-283-3520

#### West Nursing Clinic

1709 Bloor St. W., Toronto, ON M6P 4E5 Phone: 416-761-1518

**Storefront Humber Nursing Clinic** 2445 Lakeshore Blvd. W., Phone: 416-255-2098

Pape-Danforth Community Care Clinic 752 Danforth Ave., Toronto, ON M4J 1L5 Phone: 905-283-3520

Ontario 😵

More locations available – we operate over 135 community nursing clinics in local communities throughout Ontario. To refer patients to Home and Community Care Support Services:

- Speak with our Hospital Care Coordinators
- Call us at 310-2222 (no area code required), or
- Complete our online medical referral form or request an assessment form

Home and Community Care Support Services | 310-2222 (no area code required) healthcareathome.ca

Our Community of Advisors supported the development of this document.