

Community Nursing Clinics

Ontario Health atHome operates over 135 community nursing clinics to provide free, high-quality, specialized nursing care.

All of our clinics are by appointment only, in accessible locations, and many have extended operating hours.

Community nursing clinics provide publicly-funded, patient-centred, high-quality, specialized nursing care.

Clinic nurses will jointly design a care plan and schedule based on your needs and health goals. They provide specialized services – including wound care, intravenous therapy, catheter, diabetes, ostomy care – and health teaching to meet your needs.



Patient Benefits:

- 1. Safe Our clinics adhere to strict infection prevention and controls.
- 2. Expert Our clinic nurses have specialized training in clinical care.
- 3. Accessible With over 135 clinics in highly accessible locations, often close to public transit and accessible parking, you can choose the clinic location closest to your home or workplace.
- 4. Fast Same day appointments are available, when urgently needed.
- Flexible You can work with our team to schedule nursing care at times and clinic locations that fit your schedule – some locations offer evening and weekend appointments.
- 6. Seamless With your consent, clinic nurses and care coordinators can update your doctor/primary care provider.
- Wellness Clinic nurses provide care, education and self-management coaching to support your road to wellness, recovery and independence.
- Efficient Our clinics optimize valuable nursing resources, allowing us to take care of more patients with efficient use of health care resources.

Clinic Appointments:

- Our community nursing clinics are by appointment only.
- Only Ontario Health atHome patients can receive services at these specialized clinics.
- Services are covered by OHIP. Patients must bring identification and OHIP card to every appointment. It is important to attend all scheduled appointments to meet your care needs.
- A phone service is available to cancel or reschedule appointments (24-hour notice required).

Other Care Options:

- Our team can help connect patients with transportation services, when needed.
- For patients who are unable to attend a community nursing clinic or require alternate services, care in alternate settings can be arranged.

To learn more about our services, call: **310-2222** If you are already an Ontario Heath atHome patient, please speak with your Care Coordinator.

Community Nursing Clinics Locations in the Waterloo Wellington area

Cambridge (ParaMed)

715 Coronation Blvd, Unit 2 Cambridge ON N1R 7R1 519-621-5252

Kitchener (ParaMed)

421 Greenbrook Dr., Unit 7/8 Kitchener, ON N2M 4L8 Intake: 519-342-1920 After Hours: 519-743-0231

Fergus (St. Elizabeth Health Care)

181 Saint Andrew Street East, Unit #10 Fergus, ON N1M 1P9 519-220-1640

Guelph (ParaMed)

806 Gordon St., Unit 201 Guelph ON N1G 1Y7 519-821-1188

Waterloo (Care Partners)

140 Columbia Street West, Unit 300 Waterloo, ON N2L 3K8 519-746-7600

Palmerston (St. Elizabeth Health Care)

Minto Rural Health Centre 450 Whites Road, Suite 700 Palmerston, ON N0G 2P0 519-220-1640 • 1-877-220-1640

More locations available – we operate over 135 community nursing clinics throughout Ontario.

"With this approach to care, I felt less like a 'patient.' I got out of my house every day and got stronger because I was more active as I healed."

- Lori R., Ontario Health atHome clinic patient



Ontario Health atHome | 310-2222 (no area code required) | ontariohealthathome.ca

Our Community of Advisors supported the development of this document.