

# **Community Nursing Clinics**

Ontario Health atHome operates over 135 community nursing clinics to provide free, high-quality, specialized nursing care.

All of our clinics are by appointment only, in accessible locations, and many have extended operating hours.

Community nursing clinics provide publicly-funded, patient-centred, high-quality, specialized nursing care.

Clinic nurses will jointly design a care plan and schedule based on your needs and health goals. They provide specialized services – including wound care, intravenous therapy, catheter, diabetes, ostomy care – and health teaching to meet your needs.



## **Patient Benefits:**

- Safe Our clinics adhere to strict infection prevention and controls.
- Expert Our clinic nurses have specialized training in clinical care.
- 3. Accessible With over 135 clinics in highly accessible locations, often close to public transit and accessible parking, you can choose the clinic location closest to your home or workplace.
- **4.** Fast Same day appointments are available, when urgently needed.
- 5. Flexible You can work with our team to schedule nursing care at times and clinic locations that fit your schedule – some locations offer evening and weekend appointments.
- Seamless With your consent, clinic nurses and care coordinators can update your doctor/primary care provider.
- 7. Wellness Clinic nurses provide care, education and self-management coaching to support your road to wellness, recovery and independence.
- Efficient Our clinics optimize valuable nursing resources, allowing us to take care of more patients with efficient use of health care resources.

## **Clinic Appointments:**

- Our community nursing clinics are by appointment only.
- Only Ontario Health atHome patients can receive services at these specialized clinics.
- Services are covered by OHIP. Patients must bring identification and OHIP card to every appointment. It is important to attend all scheduled appointments to meet your care needs.
- A phone service is available to cancel or reschedule appointments (24-hour notice required).

# **Other Care Options:**

- Our team can help connect patients with transportation services, when needed.
- For patients who are unable to attend a community nursing clinic or require alternate services, care in alternate settings can be arranged.

**To learn more about our services**, call: **310-2222** If you are already an Ontario Heath atHome patient, please speak with your Care Coordinator.

# **Community Nursing Clinics Locations** in the Central East area

#### **Oshawa Clinic**

475 Bond St. W. Unit 2 Oshawa, ON L1J 2M2 1-800-819-7301

#### **Ajax Clinic**

11 Harwood Ave. S. Cornerstone Plaza Ajax, ON L1S 2B9 905-430-6997 ext. 146737

#### **Torrance Clinic**

2930 Eglinton Ave. E. Torrance Plaza Scarborough, ON M1J 2E4 416-439-7216

### **Scarborough Clinic**

385 Silver Star Blvd, Unit 101A Scarborough, ON M1V 0E3 416-292-0989

#### **Lindsay Clinic**

370 Kent St. W, Unit 9 Whitney Town Centre Lindsay, ON K9V 6G8 1-800-463-3965

#### **Port Hope Clinic**

160 Peter St, Unit 16 Port Hope, ON L1A 1C6 1-855-285-2992

### **Peterborough Clinic**

1135 Lansdowne St. W, Unit 16 Parkway Mall Peterborough, ON K9J 7M2 705-876-6172 After 8:30pm call VON: 1-855-285-2992

### **Cobourg Clinic**

1005 Elgin St, Suite 306 Cobourg, ON K9A 5J4 1-800-668-4773

## **Campbellford Clinic**

174 Oliver Rd. Campbellford, ON K0L 1L0 Located within Campbellford Memorial Multicare Lodge VON: 1-855-285-2992 SE Health: 1-800-668-4773

#### **Minden Clinic**

6 McPherson St.
Minden, ON K0M 2K0
Located within HHHS –Minden site

ParaMed: 1-800-463-3965 SE Health: 1-800-668-4773

More locations available – we operate over 135 community nursing clinics throughout Ontario.

"With this approach to care, I felt less like a 'patient.' I got out of my house every day and got stronger because I was more active as I healed."

— Lori R., Ontario Health at Home clinic patient



Ontario Health atHome | 310-2222 (no area code required) | ontariohealthathome.ca