

Why I volunteer

Julie Appleton

Advisor



“As a nurse and caregiver, I wanted to help make care safer for all who followed my aging parents. I have been able to bring this experience into my role as an advisor.

Through my participation, I have engaged in many ways. I have reviewed communication and education material, making them more accessible, and I supported Ontario Health atHome's annual [Above and Beyond Caregiver \(ABC\) Recognition Event](#) this year.

I feel like a valuable part of the team, and I know I have contributed to the success of the program. It also felt wonderful to be appreciated with an acknowledgement from the ABC event this year as it is often expected of me to act as a caregiver since I am a nurse.

Overall, being an advisor has provided me with a meaningful volunteer opportunity during retirement, and one that I get to share with my sister, Patty Anacleto.”



LEARN MORE ABOUT OUR ADVISORS

Advisors are patients, family members and caregivers with recent home and community care experience and an interest in sharing their time, experience and insights to help shape and improve care. Learn more at ontariohealthathome.ca/community-engagement.